

10 RED FLAGS

to Consider for Genetic Testing

Complete this helpful checklist and share with your primary care doctor and specialty physicians to start a conversation about adult genetics testing.

CONCERN	YES	NO
I've seen multiple doctors/specialists, but I'm still experiencing symptoms.		
I've been diagnosed with a disease/disorder at an early onset.		
I've been diagnosed with a disease but am experiencing none of the common risk factors (stress, exercise, diet, drug and alcohol use).		
I've been diagnosed with a disease that is impacting multiple organs/areas of my body and I'm worried the cause is a genetic disorder.		
I've been impacted by two or more unrelated primary diseases.		
I've been experiencing continued/worse symptoms even after receiving treatment and am worried I got an incomplete/incorrect diagnosis.		
A relative(s) was diagnosed with a genetic disease/disorder and I'm concerned it might run in my family and could affect me.		
I've experienced numerous unexpected miscarriages.		
I have an intellectual or developmental disability that might be related to a genetic disorder.		
I have a major malformation (heart defect, absent organ, cleft lip, etc.).		

Want to learn more,
check out the article
on red flags [here](#).